

# Treatment & Recovery Supports Services

## Substance Use Disorder Program

### Mission & Experience

***Recovery is a process that takes time, effort and a holistic approach.***

Dismas House of Kansas City exists to assist men and women in a process that restores their lives and families and enables them to live lawfully in society free from substance abuse.

Dismas House of Kansas City is one of the area’s most experienced providers. We began in 1972 working with the Missouri Department of Corrections, and contracted with the Federal Bureau of Prisons for more than 30 years.

Each year, Dismas House of Kansas City assists thousands of men and women, each with their own unique journeys from brokenness to wholeness.

#### Program Pillars

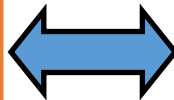
- Attitude
- Commitment
- Environment
- Resources
- Spirituality

### Service Delivery

Dismas House of KC has a unique integrated team approach to provide holistic approach to help participants regain strength and wellness for their entire lives.

#### Staff Disciplines

- **Clinical Treatment** -Licensed Professionals & Qualified Substance Abuse Professionals
- **Faith-Centered**—Credentialed, licensed clergy
- **Peer Recovery**—Certified peer specialists & recovery supports specialists



#### Group Tracks

- **Clinical Treatment**—Behavior Management, CBT, Group Processing, Co-Occurring
- **Faith-Centered**—Purpose centered, supports the individual’s beliefs in a power greater than one’s self
- **Peer Recovery**—Credentialed staff who are in long-term recovery

### Certificate Earning Program Levels—Substance Use Disorders

#### Supported Recovery:

- Individuals with significant recovery time
- ◆ Minimum of 50 program hours required
  - ◆ 4.5 program hours per week
  - ◆ Three group sessions per week
  - ◆ Minimum of one individual session per month
  - ◆ Minimum one drug screening monthly

#### Intensive Outpatient:

- ◆ Minimum of 90 program hours required
- ◆ 10 program hours per week
- ◆ Minimum of one individual session per week
- ◆ Minimum one drug screening monthly
- ◆ Level Review after 4 weeks of participation
- ◆ Minimum of one drug screening monthly

Customizable programs available.

Up to 25 hours of group provided weekly.